The Four Human Endowments

Circle the number that most closely represents your normal behaviors or attitudes regarding the statements at the left where 0 = Never (N), 2 = Sometimes (S), and 4 = Always (A). Add up your score for each of the Four Endowments.

Self Awareness

	N		S		A
Am I able to stand apart from my thoughts or feelings and examine and change them?	0	1	2	3	4
Am I aware of my fundamental paradigms and the impact they have on my attitudes and behaviors and the results I am getting in my life?	0	1	2	3	4
Am I aware of a difference between my biological, genealogical, psychological, and sociological scripting – and my own deep inner thoughts?	0	1	2	3	4
When the response of other people to me – or something I do – challenges the way I see myself, am I able to evaluate that feedback against deep personal self thought and learn from it?	0	1	2	3	4

Conscience

	N		S		A
Do I sometimes feel an inner prompting that I should or shouldn't do something I am about to do?	0	1	2	3	4
Do I sense the difference between "social conscience" – what society has conditioned me to value and my own inner directives?	0	1	2	3	4
Do I inwardly sense the reality of universal principles such as integrity and trustworthiness?	0	1	2	3	4
Do I see a pattern in human experience – bigger that the society in which I live that validates the reality of principles?	0	1	2	3	4

Independent Will

	N		S		A
Am I able to make and keep promises to myself and others?	0	1	2	3	4
Do I have the capacity to act on my own inner imperatives even when it means swimming upstream?	0	1	2	3	4
Have I developed the ability to set and achieve meaningful goals in my life?	0	1	2	3	4
Can I subordinate my moods to my commitments?	0	1	2	3	4

Creative Imagination

	N		S		A
Do I think ahead?	0	1	2	3	4
Do I visualize my life beyond its present reality?	0	1	2	3	4
Do I use visualization to help reaffirm and realize my goals?	0	1	2	3	4
Do I look for new, creative ways to solve problems in a variey of situations and value the different views of others?	0	1	2	3	4

To measure your score, use the following key in each endowment:
0-7 Inactive Endowment, **8-12** Active Endowment, **13-16** Highly Developed Endowment